



The Science of Protein

# 2024 | US Products Catalog



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# TASTE IS OUR BIGGEST INSPIRATION!

## Innovation to offer a healthy and balanced diet

Since 1988, Pro-Amino International has been a manufacturer of high quality, **delicious and nutritious foods and weight loss supplements**. Our speciality is low-carb, high-protein products.

We are committed to continue our research and development for our functional food product line serving health practitioners who want to offer their patients a professionally managed weight loss diet program.

ProtiDiet products have gained a firm foothold in the North American and European markets, as well as in Mexico, Chile, Lebanon, Australia and many other countries.



Available in ready-to-eat, powder mix and liquid forms, our products have been created to meet the needs of today's health and weight-conscious consumers. Every formulation has been developed to respect nutritional and medical codes of ethics.

### Offered in many flavors, our products include:

- |               |                       |            |                   |
|---------------|-----------------------|------------|-------------------|
| ▪ Bars        | ▪ Concentrated drinks | ▪ Oatmeals | ▪ Wafers          |
| ▪ Shakes      | ▪ Pancakes            | ▪ Omelette | ▪ Collagen powder |
| ▪ Hot drinks  | ▪ Puddings            | ▪ Meals    |                   |
| ▪ Soy cereals | ▪ Soups               | ▪ Crisps   |                   |



The Science of Protein

### ProtiDiet advantages:

- Quality ingredients
- Great taste and texture of products
- Large variety
- Recognized diet
- Worldwide distribution
- Personalized customer service
- Weight-loss guide available

# THE PROTEIN DIET

## A fast, safe, non-medicated way to help you loose weight.

In 1970, Dr. Blackburn began his research on fasting and in 1973 described the protocol for his technique during his Ph.D. thesis examination of the biochemistry of nutrition.

### That's when the Protein Diet was born.

Dr. Blackburn showed that caloric loss combined with the absence of carbohydrates could neutralize any amphibolic effect of insulin on the lipid metabolism. This way, insulin was maintained at low levels, while the triglyceride catabolism kicked in and the metabolites (particularly the ketone bodies) would provide the organism's energy requirements.

### The benefits of ketone bodies

The Protein Diet protects the nitrogen balance and suppresses hunger thanks to the state of ketosis that accompanies it. The PD creates the simplest form of ketosis, cetogenesis, a process that allows the liver to oxidize enormous quantities of fatty acids, freeing one of their principal metabolites: ketone bodies. This oxidation process takes place when fatty acids become the organism's principal energy source.

Dr. Blackburn determined the exact quantity of proteins to be given to a patient during a protein diet to protect the muscular system. During a 24-hour period, the patient must take between 1.2 g and 2.5 g of protein for every kilogram (2.2 lbs) of ideal weight. By this method, the protein intake greatly compensates for the mobilization of endogenic proteins.

Based on this research, ProtiDiet created a line of high-quality protein supplements to help the patients of health care professionals reach their ideal weight via Protein Diet.



Since 1988, we've helped **HEALTH CARE PROFESSIONALS** around the world help their patients **achieve their goals** with the highest quality products.





## Nutrition Facts

7 servings per container  
Serving size 1 bar (40g)

Amount per serving  
**Calories 150**

% Daily Value\*

**Total Fat** 6g 8%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 170mg 7%

**Total Carbohydrate** 16g 6%

Dietary Fiber 3g 11%

Total Sugars 0g

Includes 0g Added Sugars 0%

Sugar Alcohol 8g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 79mg 6%

Iron 3mg 15%

Potassium 136mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CRUNCHY CEREAL CHOCOLATE

**INGREDIENTS :** Protein blend [soy crisps (soy protein isolate, tapioca starch, rice flour, salt), soy protein isolate, hydrolyzed collagen, whey protein isolate], Maltitol, Chocolate flavored coating [maltitol, fractionated palm kernel oil, whey protein isolate, cocoa powder, cocoa powder (processed with alkali), soy lecithin], Glycerin, Polydextrose, Cocoa powder (processed with alkali), Unsweetened chocolate, Canola oil, Fractionated palm kernel oil, Gum Arabic, Natural and artificial flavors, Soy lecithin, Salt, Water, Sucralose, Mixed tocopherols.

**Contains:** Milk and Soybeans

This product is manufactured in a facility that also uses eggs, peanuts, tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-4960



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (40g)

Amount per serving  
**Calories 140**

% Daily Value\*

**Total Fat** 4.5g 6%

Saturated Fat 2g 10%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 230mg 10%

**Total Carbohydrate** 16g 6%

Dietary Fiber 3g 11%

Total Sugars 3g

Includes 3g Added Sugars 6%

Sugar Alcohol 8g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 75mg 6%

Iron 2mg 10%

Potassium 98mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## PEANUT SURPRISE

**INGREDIENTS :** Protein Blend [soy crisps (soy protein isolate, tapioca starch, salt), soy protein isolate, whey protein concentrate], Maltitol, Peanut Flavored Coating (cane sugar, palm kernel oil, partially defatted peanut flour, nonfat dry milk, peanut oil, salt, soy lecithin), Polydextrose, Peanut Butter, Glycerin, Peanut Flour, High Fructose Corn Syrup, Caramel Filling [maltitol syrup, nonfat dry milk, fractionated palm kernel oil, water, salted butter, cream (cream, milk, cellulose gel, milk solids, carrageenan, cellulose gum), disodium phosphate, salt, glycerin, natural flavor, soy lecithin, carrageenan], Gum Arabic, Peanut Oil, Fractionated Palm Kernel Oil, Natural Flavors, Roasted Peanuts, Soy Lecithin, Salt, Water, Monoglycerides, Mixed Tocopherols, Sucralose.

**Contains:** Milk, Soybeans and Peanuts.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-3295



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (42g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
Sugar Alcohol 8g	
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 56mg	<b>4%</b>
Iron 2mg	<b>10%</b>
Potassium 73mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BANANA BREAD BREAKFAST

**INGREDIENTS :** Protein Blend [soy crisp (soy protein isolate, tapioca starch, salt), hydrolyzed collagen, soy protein isolate], Polydextrose, Chocolate Flavored Coating (maltitol, fractionated palm kernel oil, whey protein isolate, cocoa powder, cocoa powder processed with alkali, soy lecithin), Maltitol, Granola (rolled oats, organic spelt flour, honey, canola oil), Glycerin, Fractionated Palm Kernel Oil, Soy Lecithin, Corn Syrup, Canola Oil, Gum Arabic, Dehydrated Banana Flakes, Natural Flavors, Caramel Color, Water, Salt, Sucralose, Mixed Tocopherols.

**Contains:** Milk, Soybeans, Gluten (oats, spelt).

This product is manufactured in a facility that also uses wheat, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-5572



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (43g)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 6g	
Includes 5g Added Sugars	<b>10%</b>
Sugar Alcohol 5g	
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 63mg	<b>4%</b>
Iron 2mg	<b>10%</b>
Potassium 88mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## OLD FASHION STRAWBERRY & PEANUT

**INGREDIENTS :** Protein Blend [soy crisps (soy protein isolate, tapioca starch, salt), hydrolyzed collagen, soy protein isolate, whey protein concentrate], Peanut Flavored Coating (cane sugar, fractionated palm kernel oil, partially defatted peanut flour, nonfat dry milk, peanut oil, salt, soy lecithin), Strawberry Filling (oligofructose, water, glycerin, erythritol, strawberries, corn starch, apple powder, fractionated palm kernel oil, citric acid, pectin, natural flavor, sunflower lecithin, sodium citrate, salt, carrot and blackcurrant juice for color), Polydextrose, Maltitol, Glycerin, Peanut Butter, Corn Syrup, High Fructose Corn Syrup, Peanut Flour, Fractionated Palm Kernel Oil, Peanut Oil, Soy Lecithin, Natural Flavors, Salt, Water, Mixed Tocopherols, Sucralose.

**Contains:** Milk, Soybeans and Peanuts.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-3297



**Gluten Free**



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (43g)

Amount per serving  
**Calories 150**

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 260mg 11%

**Total Carbohydrate** 17g 6%

Dietary Fiber 8g 29%

Total Sugars 3g

Includes 2g Added Sugars 4%

Sugar Alcohol 3g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 68mg 6%

Iron 2mg 10%

Potassium 84mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## PEANUT BUTTER & SMOOTH CARAMEL CRISP

**INGREDIENTS :** Protein Blend [soy crisps (soy protein isolate, tapioca starch, rice flour, salt), hydrolyzed collagen, soy protein isolate], Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, natural vanilla extract), Chicory Root Fiber, Caramel Filling [fructooligosaccharides, sugar, corn syrup, fractionated palm kernel oil, water, skim milk powder, glycerin, salted butter (cream, salt, may contain annatto color), salt, soy lecithin, sodium citrate, carrageenan, natural flavor], Polydextrose, Peanut Butter, Glycerin, Gum Arabic, Peanut Flour, Peanut Oil, Natural Flavors, Salt, Soy Lecithin, Fractionated Palm Kernel oil, Mixed Tocopherols, Sucralose.

**Contains:** Milk, soybeans and peanut

This product is manufactured in a facility that also uses wheat, eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-1885



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (41g)

Amount per serving  
**Calories 150**

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 3.5g 18%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 110mg 5%

**Total Carbohydrate** 16g 6%

Dietary Fiber 2g 7%

Total Sugars 6g

Includes 5g Added Sugars 10%

Sugar Alcohol 5g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 64mg 4%

Iron 2mg 10%

Potassium 117mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## HAZELNUT

**INGREDIENTS :** Protein Blend (soy protein isolate, hydrolyzed collagen, whey protein isolate, whey protein concentrate), Chocolate Flavored Coating [maltitol, fractionated palm kernel oil, whey protein isolate, cocoa powder, cocoa powder (processed with alkali), soy lecithin], Corn Syrup, Sorbitol, High Fructose Corn Syrup, Soy Crisps [soy protein isolate, tapioca starch, salt], Polydextrose, Fractionated Palm Kernel Oil, Cocoa Powder (processed with alkali), Unsweetened Chocolate, Water, Roasted Peanuts, Natural and Artificial Flavors, Fructose, Soy Lecithin, Citrus Fiber, Caramel Color, Sucralose, Mixed Tocopherols.

**Contains:** Milk, Soybeans and Peanuts.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-3783



Gluten Free



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (44g)

Amount per serving  
**Calories 160**

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 4g 20%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 160mg 7%

**Total Carbohydrate** 19g 7%

Dietary Fiber 2g 7%

Total Sugars 3g

Includes 2g Added Sugars 4%

Sugar Alcohol 10g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 68mg 6%

Iron 2mg 10%

Potassium 95mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## COOKIE & CREAM

**INGREDIENTS :** Protein blend [hydrolyzed collagen, soy protein isolate, whey protein concentrate, soy protein crisps (soy protein isolate, tapioca starch, sea salt), milk protein concentrate], Maltitol syrup, Chocolate flavored coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, natural vanilla extract), Polydextrose, Glycerin, High fructose corn syrup, Natural and artificial flavors, Fractionated palm kernel oil, Chocolate flavored cookies pieces (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, cocoa processed with alkali, fractionated palm oil, high fructose corn syrup, corn flour, chocolate liquor, salt, dextrose, sodium bicarbonate, soy lecithin), Unsweetened chocolate, cocoa powder processed with alkali, Fructose, Canola oil, Water, Soy lecithin, Salt, Baking powder, Mixed tocopherols.

**Contains:** Milk, soybeans and wheat.

This product is manufactured in a facility that also uses eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU: 110-7983**



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (46g)

Amount per serving  
**Calories 170**

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 4.5g 23%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 130mg 6%

**Total Carbohydrate** 18g 7%

Dietary Fiber 4g 14%

Total Sugars 3g

Includes 1g Added Sugars 2%

Sugar Alcohol 10g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 63mg 4%

Iron 1mg 6%

Potassium 94mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CARAMEL LAYER & PEANUT DELIGHT

**INGREDIENTS :** Protein blend [hydrolyzed gelatin, whey protein concentrate, pea protein isolate, brown rice protein concentrate, whey protein isolate, soy crisps (soy protein isolate, tapioca starch, salt)], Chocolate flavored coating (whey protein concentrate, fractionated palm kernel oil, maltitol, cocoa powder, sugar, soy lecithin, vanilla extract), Caramel filling [maltitol syrup, nonfat dry milk, fractionated palm kernel oil, water, salted butter, cream (cream, milk, cellulose gel, milk solids, carrageenan, cellulose gum), disodium phosphate, salt, glycerin, natural flavor, soy lecithin, carrageenan], Oligofructose, Tapioca syrup, Peanut butter, Water, Corn syrup, Glycerin, Gum arabic, Peanut flour, Fractionated palm kernel oil, Natural flavors, Caramel color, Sunflower lecithin, Salt, Baking powder, Mixed tocopherols.

**Contains:** Milk, soybeans and peanuts.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU: 110-7984**



Gluten Free



Suggested Serving



## Nutrition Facts

7 servings per container  
Serving size 1 bar (41g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 6g	
Includes 6g Added Sugars	<b>12%</b>
Sugar Alcohol 5g	
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 65mg	6%
Iron 1mg	6%
Potassium 70mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## CARAMEL SUPREME

**INGREDIENTS :** Protein Blend [soy protein isolate, hydrolyzed collagen, whey protein isolate, whey protein concentrate, soy crisps (soy protein isolate, tapioca starch, salt)], Chocolate Flavored Coating [maltitol, fractionated palm kernel oil, whey protein isolate, cocoa powder, cocoa powder (processed with alkali), soy lecithin], Corn Syrup, High Fructose Corn Syrup, Sorbitol, Polydextrose, Fractionated Palm Kernel Oil, Fructose, Canola Oil, Water, Natural and Artificial Flavors, Glycerin, Soy Lecithin, Caramel Color, Mixed Tocopherols, Sucralose.

**Contains:** Milk, Soybeans.

This product is manufactured in a facility that also uses peanuts, eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-3780



Gluten Free



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (41g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 5g	
Includes 4g Added Sugars	<b>8%</b>
Sugar Alcohol 4g	
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 69mg	6%
Iron 2mg	10%
Potassium 102mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## CHOCOLATE MINT

**INGREDIENTS :** Protein Blend [soy protein isolate, hydrolyzed collagen, soy crisp (soy protein isolate, tapioca starch, salt), whey protein concentrate, whey protein isolate], Chicory Root Fiber, Milk Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sugar, sunflower lecithin, vanilla extract), Organic Agave Syrup, Brown Rice Syrup, Glycerin, Almond Butter, Canola Oil, Natural Flavors, Caramel Color, Gum Arabic, Cocoa Powder (processed with alkali), Sunflower Lecithin, Fractionated Palm Kernel Oil, Soy Lecithin, Stevia Leaf Extract, Mixed Tocopherols.

**Contains:** Almonds, Milk and Soybeans

This product is manufactured in a facility that also uses peanuts, eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-9027



Gluten Free



Suggested Serving



# SQUARE BAR

## Nutrition Facts

7 servings per container

**Serving size** 1 bar (43g)

Amount per serving

**Calories** 150

% Daily Value\*

**Total Fat** 4g 5%

Saturated Fat 2.5g 13%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 200mg 9%

**Total Carbohydrate** 18g 7%

Dietary Fiber 3g 11%

Total Sugars 2g

Includes 2g Added Sugars 4%

Sugar Alcohol 8g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 78mg 6%

Iron 2mg 10%

Potassium 77mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.

## RASPBERRY & DARK CHOCOLATE

**INGREDIENTS :** Protein Blend [soy crisps (soy protein isolate, tapioca starch, salt), soy protein isolate, hydrolyzed collagen], Maltitol, Chocolate Flavored Coating [maltitol, fractionated palm kernel oil, whey protein isolate, cocoa powder, cocoa powder (processed with alkali), soy lecithin], Polydextrose, Gum Arabic, Corn Syrup, Dried Cranberries (cranberries, sugar, sunflower oil), Glycerin, Water, Canola Oil, Fractionated Palm Kernel Oil, Soy Lecithin, Natural and Artificial flavors, Citric Acid, Salt, Mixed Tocopherols, Sucralose.

**Contains:** Milk and soybeans.

This product is manufactured in a facility that also uses eggs, peanuts, tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-4445



Gluten  
Free



Suggested Serving

# CRISPY BITES

## Nutrition Facts

7 servings per container  
Serving size 1 cluster (42g)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 15g	
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 54mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 76mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHOCOLATE & CARAMEL CRISPY BITES

**INGREDIENTS :** Caramel Filling (maltitol syrup, fractionated palm oil, water, skim milk powder, butter, sodium citrate, soy lecithin, sodium bicarbonate, calcium chloride, salt, vanillin), Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, vanilla extract), Soy Crisps (soy protein isolate, tapioca starch, salt), Hydrolyzed Collagen, Roasted Peanuts, Natural Flavor.

**Contains:** Peanuts, Milk, Soybeans.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU: 110-7305**



**Gluten Free**



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 bar (42g)

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 15g	
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 55mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 91mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CARAMEL & SEA SALT CRISPY BITES

**INGREDIENTS :** Caramel Filling (maltitol syrup, fractionated palm oil, water, skim milk powder, butter, sodium citrate, soy lecithin, sodium bicarbonate, calcium chloride, salt, vanillin), Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, vanilla extract), Soy Crisps (soy protein isolate, tapioca starch, salt), Hydrolyzed Collagen, Roasted Peanuts, Peanut Flour, Sea Salt, Natural Flavor.

**Contains:** Milk, Soy, Peanuts.

This product is manufactured in a facility that also uses eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU: 110-9516**



**Gluten Free**



Suggested Serving

# WAFERS

## Nutrition Facts

7 servings per container  
Serving size 1 wafer (36g)

Amount per serving  
**Calories 180**

% Daily Value\*

**Total Fat** 13g 17%

Saturated Fat 6g 30%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 30mg 1%

**Total Carbohydrate** 11g 4%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 1g Added Sugars 2%

Sugar Alcohol 4g

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1mg 6%

Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHOCOLATE

**INGREDIENTS :** Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, natural vanilla extract), Protein Blend (milk protein isolate, partially hydrolyzed whey protein isolate), Vegetable Oil Shortening (canola oil, palm oil, modified palm oil), Water, Canola Oil, Enriched Flour (wheat flour, benzoyl peroxide, amylase, ascorbic acid, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chicory Inulin, Icing Sugar, Natural Flavors, Fructose, Cocoa Powder (processed with alkali), Tapioca Starch, Sunflower Lecithin, Salt, Baking Powder, Organic Stevia Leaf Extract, Monk Fruit Extract, Ammonium Bicarbonate, Mixed Tocopherols.

**Contains:** Milk and wheat.

This product is manufactured in a facility that also uses soybeans, eggs, peanuts and tree nuts.

Shelf life: 12 Months

Packaging: In laminated film and carton box.

**SKU:** 110-2204



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 wafer (36g)

Amount per serving  
**Calories 190**

% Daily Value\*

**Total Fat** 13g 17%

Saturated Fat 6g 30%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 55mg 2%

**Total Carbohydrate** 11g 4%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

Sugar Alcohol 5g

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 73mg 6%

Iron 0mg 0%

Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## VANILLA

**INGREDIENTS :** Yogurt flavored coating [maltitol, palm kernel oil, milk protein isolate, nonfat dry milk solids, nonfat yogurt powder (nonfat dry milk, lactic acid), soy lecithin, and natural flavor], Protein blend (partially hydrolyzed whey protein isolate, milk protein isolate), Vegetable oil shortening (canola oil, palm oil, modified palm oil), Canola oil, Water, Enriched flour (wheat flour, benzoyl peroxide, amylase, ascorbic acid, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Icing sugar, Chicory inulin, Natural flavors, Tapioca starch, Organic stevia leaf extract, Salt, Soy lecithin, Baking powder, Sunflower lecithin, Ammonium bicarbonate, Mixed tocopherols.

**Contains:** Wheat, soybeans and milk.

This product is manufactured in a facility that also uses eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-2203



Suggested Serving

# WAFERS

## Nutrition Facts

7 servings per container  
Serving size 1 wafer (36g)

Amount per serving  
**Calories 190**

% Daily Value\*

**Total Fat** 13g 17%

Saturated Fat 6g 30%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 75mg 3%

**Total Carbohydrate** 11g 4%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 1g Added Sugars 2%

Sugar Alcohol 4g

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 51mg 4%

Iron 1mg 6%

Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## PEANUT

**INGREDIENTS :** Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, natural vanilla extract), Protein Blend (partially hydrolyzed whey protein isolate, milk protein isolate), Vegetable Shortening (canola oil, palm oil, modified palm oil), Water, Canola Oil, Enriched Flour (wheat flour, benzoyl peroxide, amylase, ascorbic acid, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Peanut Flour, Chicory Inulin, Peanut Butter, Natural Flavors, Icing Sugar, Fructose, Peanut Oil, Salt, Tapioca Starch, Soy Lecithin, Baking Powder, Organic Stevia Leaf Extract, Sunflower Lecithin, Ammonium Bicarbonate, Mixed Tocopherols.

**Contains:** Peanut, soybeans, wheat and milk.

This product is manufactured in a facility that also uses eggs and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-2461



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 wafer (36g)

Amount per serving  
**Calories 180**

% Daily Value\*

**Total Fat** 13g 17%

Saturated Fat 6g 30%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 50mg 2%

**Total Carbohydrate** 11g 4%

Dietary Fiber 4g 14%

Total Sugars 1g

Includes 1g Added Sugars 2%

Sugar Alcohol 2g

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 59mg 4%

Iron 0mg 0%

Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## KEY LIME PIE

**INGREDIENTS :** White Chocolate Flavored Coating (fractionated palm kernel oil, whey protein isolate, inulin, erythritol, flavors, sunflower lecithin, salt, stevia extract), Protein Blend (milk protein isolate, whey protein isolate), Vegetable Oil Shortening (canola oil, modified palm and palm kernel oils), Water, Canola Oil, Enriched Flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Chicory Root Fiber, Icing Sugar, Natural Flavors, Tapioca Starch, Salt, Colored with turmeric and spirulina extract, Citric Acid, Sunflower Lecithin, Organic Stevia Leaf Extract, Baking Powder, Ammonium Bicarbonate, Mixed Tocopherols.

**Contains:** Milk and wheat.

This product is manufactured in a facility that also uses soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-9979



Suggested Serving

# WAFERS

## Nutrition Facts

7 servings per container

**Serving size** 1 wafer (36g)

Amount per serving

**Calories** 180

% Daily Value\*

**Total Fat** 13g 17%

Saturated Fat 6g 30%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 100mg 4%

**Total Carbohydrate** 9g 3%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 1g Added Sugars 2%

Sugar Alcohol 4g

**Protein** 10g

Vitamin D 0mcg 0%

Calcium 51mg 4%

Iron 1mg 6%

Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BUTTERSCOTCH & SEA SALT

**INGREDIENTS :** Chocolate Flavored Coating (fractionated palm kernel oil, whey protein concentrate, maltitol, cocoa powder, sunflower lecithin, natural vanilla extract), Protein Blend (partially hydrolyzed whey protein isolate, milk protein isolate), Vegetable Oil Shortening (canola oil, palm oil, modified palm oil), Water, Canola Oil, Enriched Flour (wheat flour, benzoyl peroxide, amylase, ascorbic acid, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chicory Root Fiber, Icing Sugar, Natural Flavors, Cocoa Powder, Sea Salt, Caramel Color, Cocoa Powder processed with alkali, Tapioca Starch, Sunflower Lecithin, Baking Powder, Organic Stevia Leaf Extract, Ammonium Bicarbonate, Salt, Mixed Tocopherols.

**Contains:** Milk and wheat.

This product is manufactured in a facility that also uses soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-9980



Suggested Serving



# CONCENTRATED DRINKS

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch 1.01 fl oz (30 ml)

Amount per serving  
**Calories**

**70**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 9mg	<b>0%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## TROPICAL FRUITS

**INGREDIENTS** : Hydrolyzed collagen, Water, Fructose, Citric acid, Natural and artificial flavors, Sucralose, Potassium sorbate, Sodium benzoate, FD&C Red no. 40.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: Plastic film and carton box.

**SKU: 110-0098**



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch 1.01 fl oz (30 ml)

Amount per serving  
**Calories**

**70**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 90mg	<b>4%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 9mg	<b>0%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## PEACH MANGO

**INGREDIENTS** : Hydrolyzed collagen, Water, Fructose, Citric acid, Natural and artificial flavors, Beta Carotene, Sucralose, Beet Red, Potassium sorbate, Sodium benzoate.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU: 110-0809**



Suggested Serving

# CONCENTRATED DRINKS

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch 1.01 fl oz (30 ml)

Amount per serving  
**Calories**

**70**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 140mg 6%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 9mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## COOL RASPBERRY

**INGREDIENTS** : Hydrolyzed collagen, Water, Fructose, Citric acid, Malic acid, Natural flavors, Sodium citrate, Sucralose, Potassium sorbate, Sodium benzoate, FD&C Blue No. 1

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: Plastic film and carton box.

**SKU:** 110-4226



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch 1.05 fl oz (31 ml)

Amount per serving  
**Calories**

**70**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 85mg 4%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 2g Added Sugars 4%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 10mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## GRAPE

**INGREDIENTS** : Hydrolyzed collagen, Water, Fructose, Citric acid, Dextrose, Natural and artificial flavors (milk), Sucralose, Potassium sorbate, Sodium benzoate, FD&C Red no. 40, FD&C Blue no. 1.

**Contains** : Milk

This product is manufactured in a facility that also uses wheat, soybeans, eggs, peanuts and tree nuts.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-0239



Suggested Serving

# SHAKES

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (30g)

Amount per serving  
**Calories** 100

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 4g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 261mg	<b>20%</b>
Iron 2mg	<b>10%</b>
Potassium 122mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHOCOLATE

**INGREDIENTS** : Protein Blend (milk protein concentrate, milk protein isolated, calcium caseinate), Unsweetened cocoa powder processed with alkali, Polydextrose, Glucose, Fructose, Natural and artificial flavors, Sunflower oil, Guar gum, Salt, Buttermilk, Inulin, Sucralose, Disodium phosphate, Silicon dioxide.

**Contains:** Milk.

This product is manufactured in a facility that also uses wheat, soybeans, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: Laminated pouch and carton box.

**SKU:** 160-3383



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (27g)

Amount per serving  
**Calories** 100

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 4g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 311mg	<b>25%</b>
Iron 0mg	<b>0%</b>
Potassium 163mg	<b>4%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## VANILLA

**INGREDIENTS** : Protein Blend (milk protein concentrate, calcium caseinate, milk protein isolate), Polydextrose, Sunflower oil, Inulin, Fructose, Guar gum, Natural and artificial flavors, Buttermilk, Salt, Dipotassium phosphate, Sucralose, Silicon dioxide, Beta-Carotene, Disodium phosphate.

**Contains:** Milk.

This product is manufactured in a facility that also uses wheat, soybeans, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 160-3384



Suggested Serving

# HOT DRINK

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (24g)

Amount per serving

**Calories** 80

% Daily Value\*

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 210mg 9%

**Total Carbohydrate** 5g 2%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 256mg 20%

Iron 1mg 6%

Potassium 335mg 8%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## COCOA

**INGREDIENTS** : Protein Blend (milk protein concentrate, hydrolyzed collagen, milk protein isolate), Unsweetened cocoa powder processed with alkali, Corn syrup solids, Natural and artificial flavors, Fructose, Salt, Potassium bicarbonate, Sucralose.

**Contains:** Milk.

This product is manufactured in a facility that also uses wheat, soybeans, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: Laminated pouch and carton box OR

17.6oz (500g) plastic jar

**SKU:** 120-4852 / BOX

**SKU:** 120-4866 / JAR



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (25g)

Amount per serving  
**Calories** 90

	% Daily Value*
<b>Total Fat</b> 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	2%
<b>Sodium</b> 230mg	10%
<b>Total Carbohydrate</b> 7g	3%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 55mg	4%
Iron 1mg	6%
Potassium 65mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## APPLE CINNAMON

**INGREDIENTS** : Protein blend (soy protein isolate, milk protein isolate, whey protein concentrate, calcium caseinate), Rolled oats, Xanthan gum, Artificial flavor, Sodium bicarbonate, Salt, Spice, Caramel color, Sucralose.

**Contains:** Milk and soybeans.

This product is manufactured in a facility that also uses wheat, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 140-0107



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (25g)

Amount per serving  
**Calories** 90

	% Daily Value*
<b>Total Fat</b> 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	2%
<b>Sodium</b> 240mg	10%
<b>Total Carbohydrate</b> 7g	3%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 162mg	10%
Iron 1mg	6%
Potassium 70mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## MAPLE BROWN SUGAR

**INGREDIENTS** : Protein blend (soy protein isolate, milk protein isolate, whey protein concentrate), Rolled oats, Xanthan gum, Natural and artificial flavors, Sodium bicarbonate, Salt, Caramel color, Sucralose.

**Contains:** Milk and soybeans

This product is manufactured in a facility that also uses wheat, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box

OR In plastic jar and carton box.

**SKU:** 140-4862 / BOX

**SKU:** 140-4868 / JAR



Suggested Serving



# OATMEALS

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (27g)

Amount per serving

**Calories** 100

% Daily Value\*

**Total Fat** 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** less than 5mg 2%

**Sodium** 180mg 8%

**Total Carbohydrate** 8g 3%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 61mg 4%

Iron 1mg 6%

Potassium 61mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## BANANA NUT

**INGREDIENTS :** Protein blend (milk protein isolate, soy protein isolate, calcium caseinate), Gluten free rolled oats, Organic evaporated cane juice, Natural flavors, Xanthan gum, Toasted soy pieces, Roasted diced almonds, Erythritol, Salt, Sodium bicarbonate, Dried banana flakes, Caramel color, Sucralose.

**Contains:** Milk, soybeans and almonds.

This product is manufactured in a facility that also uses eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 120-8040



Suggested Serving

# PANCAKES

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (27g)

Amount per serving

**Calories** 100

% Daily Value\*

**Total Fat** 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 360mg 16%

**Total Carbohydrate** 8g 3%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 1mcg 6%

Calcium 53mg 4%

Iron 0mg 0%

Potassium 88mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BLUEBERRY

**INGREDIENTS** : Protein blend (whey protein concentrate, milk protein isolate, eggs white, calcium caseinate, eggs), Enriched flour (wheat flour, benzoyl peroxide, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid), Natural and artificial flavors, Freeze-dried blueberries, Guar gum, Salt, Sodium bicarbonate, Fructose, Modified corn starch, Citric acid, Malic acid, Sucralose, Silicon dioxide.

**Contains:** Milk, wheat and eggs.

This product is manufactured in a facility that also uses soybeans, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 190-1152



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (25g)

Amount per serving

**Calories** 90

% Daily Value\*

**Total Fat** 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 25mg 8%

**Sodium** 350mg 15%

**Total Carbohydrate** 6g 2%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 1mcg 6%

Calcium 53mg 4%

Iron 0mg 0%

Potassium 84mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## NATURAL

**INGREDIENTS** : Protein blend (whey protein concentrate, milk protein isolate, eggs white, calcium caseinate, eggs), Enriched flour (wheat flour, benzoyl peroxide, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid), Modified corn starch, Salt, Natural flavors, Fructose, Sodium bicarbonate, Guar gum, Citric acid, Sucralose.

**Contains:** Wheat, milk and eggs.

This product is manufactured in a facility that also uses soybeans, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 190-1150



Suggested Serving

## Nutrition Facts

6 servings per container  
**Serving size** 4 tbsp. (60mL)

Amount per serving  
**Calories** **5**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	<b>0%</b>
Calcium 2mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.

## MAPLE FLAVORED SYRUP

**INGREDIENTS** : Water, Natural flavours, Cellulose gum, Gluconolactone, Salt, Caramel color, Sucralose, Potassium sorbate, Sodium benzoate.

This product is manufactured in a facility that also uses wheat, milk, sesame, soybeans, eggs, peanuts and tree nuts.

Shelf life: 12 Months

Packaging: In a plastic bottle and carton box.

**SKU:** 150-5942



Suggested Serving

# OMELETTE

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (23g)

Amount per serving

**Calories** 90

% Daily Value\*

**Total Fat** 2.5g 3%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 80mg 27%

**Sodium** 360mg 16%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 57mg 4%

Iron 0mg 0%

Potassium 153mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BACON-CHEESE

**INGREDIENTS :** Protein blend (whey protein concentrate, eggs white, eggs, calcium caseinate), Simulated bacon bits (textured soy protein, soybean oil, salt, natural flavors, sugar, hydrolyzed soy protein, yeast, dextrose, caramel color, iron, niacinamide, sunflower oil, zinc oxide, FD&C No 3, hydrolyzed vegetable protein, soy lecithin, calcium pantothenate, thiamin mononitrate, pyridoxine hydrochloride, riboflavin, Vitamin B12), Natural flavors, Salt, Yeast extract, Beta-carotene, Spices, Silicon dioxide.

**Contains:** Milk, soybeans and eggs.

This product is manufactured in a facility that also uses wheat, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 170-0108



Suggested Serving

# SOY CEREALS

## Nutrition Facts

7 servings per container

Serving size

1 pouch (25g)

	Honey Nut Soy Cereals		Honey Nut Soy Cereals with 4fl. oz. of skim milk	
Amount per serving				
Calories	100		140	
	% DV*		% DV*	
Total Fat	2.5g	3%	2.5g	3%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	5mg	2%
Sodium	90mg	4%	150mg	7%
Total Carbohydrate	7g	3%	14g	5%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	1g		8g	
Includes Added Sugars	0g	0%	0g	0%
Protein	15g		17g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	44mcg	4%	202mcg	15%
Iron	2mg	10%	2mg	10%
Potassium	275mg	6%	477mg	10%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## HONEY NUT

**INGREDIENTS :** Soy protein isolate, Soy flour, Soy protein concentrate, Rice flour, Sunflower oil, Maltodextrin, Gum acacia, Sucralose, Natural flavor, Fructose, Silicon dioxide.

**Contains:** Soybeans.

This product is manufactured in a facility that also uses milk, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 150-1178



Gluten Free



Suggested Serving

## Nutrition Facts

7 servings per container

Serving size

1 pouch (29g)

	Chocolate Soy Cereals		Chocolate Soy Cereals with 4 fl oz of skim milk	
Amount per serving				
Calories	110		150	
	% DV*		% DV*	
Total Fat	3g	4%	3g	4%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	5mg	2%
Sodium	130mg	6%	180mg	8%
Total Carbohydrate	8g	3%	15g	5%
Dietary Fiber	3g	11%	3g	11%
Total Sugars	3g		9g	
Includes Added Sugars	0g	0%	0g	0%
Protein	15g		19g	
Vitamin D	0mcg	0%	1mcg	6%
Calcium	51mcg	4%	209mcg	15%
Iron	2mg	10%	2mg	10%
Potassium	476mg	10%	686mg	15%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## CHOCOLATE

**INGREDIENTS :** Soy protein isolate, Soy flour, Soy protein concentrate, White rice flour, Sunflower oil, Dextrose, Cocoa powder processed with alkali, Salt, Sucralose, Maltodextrin, Gum acacia, Natural flavor, Silicon dioxide.

**Contains:** Soybeans.

This product is manufactured in a facility that also uses milk, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 150-4034



Gluten Free



Suggested Serving



# COOKIES

## Nutrition Facts

7 servings per container  
**Serving size** 1 cookie (45g)

Amount per serving  
**Calories** 160

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 2.5g 13%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 230mg 10%

**Total Carbohydrate** 14g 5%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Sugar Alcohol 7g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 65mg 6%

Iron 2mg 10%

Potassium 79mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## TRIPLE CHOCOLATE

**INGREDIENTS :** Protein Blend (hydrolyzed collagen, soy protein isolate, partially hydrolyzed whey protein isolate, eggs white), Maltitol, Vegetable Shortening (canola oil, palm and palm kernel oils, TBHQ and citric acid), Water, Dark Chocolate Chips (maltitol, unsweetened chocolate processed with alkali, cocoa butter, soy lecithin, natural vanilla extract), Chicory Root Fiber, Chocolate Flavored Coating (maltitol, palm kernel oil, whey protein isolate, cocoa powder, cocoa powder processed with alkali, soy lecithin), Cocoa Powder processed with Alkali, Modified Starch (tapioca, corn and potato), Tapioca Syrup, Glycerin, Baking Powder, Naturals and Artificial Flavors, Arabic Gum, Salt, Fructose, Fractionated Palm Kernel Oil, Monoglycerides, Sucralose, Mixed Tocopherols.

**Contains:** Milk, soybeans and eggs

This product is manufactured in a facility that also uses wheat, peanuts and tree nuts.

Shelf life: 12 Months

Packaging: In laminated film and carton box.

**SKU:** 160-7790



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 cookie (45g)

Amount per serving  
**Calories** 170

% Daily Value\*

**Total Fat** 7g 9%

Saturated Fat 2g 10%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 210mg 9%

**Total Carbohydrate** 14g 5%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

Sugar Alcohol 7g

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 69mg 6%

Iron 1mg 6%

Potassium 73mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## CHOCOLATE CHIP

**INGREDIENTS :** Protein Blend (hydrolyzed collagen, soy protein isolate, partially hydrolyzed whey protein isolate, eggs white), Maltitol, Vegetable Shortening (canola oil, palm and palm kernel oils, TBHQ and citric acid), Dark Chocolate Chips (maltitol, unsweetened chocolate processed with alkali, cocoa butter, soy lecithin, natural vanilla extract), Water, Chicory Root Fiber, Modified Starch (tapioca, corn and potato), Tapioca Syrup, Glycerin, Baking Powder, Natural Flavors, Arabic Gum, Fructose, Monoglycerides, Sucralose, Salt, Mixed Tocopherols.

**Contains:** Milk, soybeans and eggs.

This product is manufactured in a facility that also uses wheat, peanuts and tree nuts.

Shelf life: 12 Months

Packaging: In laminated film and carton box.

**SKU:** 160-7789



Suggested Serving

# PUDDINGS

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (24g)

Amount per serving

**Calories** 80

% Daily Value\*

**Total Fat** 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 75mg 3%

**Total Carbohydrate** 5g 2%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 6mg 0%

Iron 2mg 10%

Potassium 76mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHOCOLATE

**INGREDIENTS :** Milk Protein Isolate, Cocoa Powder (processed with alkali), Glucose, Lactose, Fructose, Cellulose Gum, Xanthan Gum, Carrageenan, Artificial Flavor, Sunflower Lecithin, Modified Corn Starch, Salt, Natural Flavor, Dipotassium Phosphate, Sucralose.

**Contains:** Milk.

This product is manufactured in a facility that also uses soybeans, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 150-4863



Gluten  
Free



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (23g)

Amount per serving

**Calories** 80

% Daily Value\*

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 120mg 5%

**Total Carbohydrate** 5g 2%

Dietary Fiber 0g 0%

Total Sugars 3g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 126mg 10%

Iron 0mg 0%

Potassium 111mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## VANILLA

**INGREDIENTS :** Protein blend (milk protein isolate, milk protein concentrate), Fructose, Natural and artificial flavors, Cellulose gum, Xanthan gum, Carrageenan, Sunflower lecithin, Modified corn starch, Dipotassium phosphate, Salt, Beta-carotene, Sucralose..

**Contains:** Milk.

This product is manufactured in a facility that also uses soybeans, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 150-0110



Gluten  
Free



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (34g)

Amount per serving

**Calories** 120

% Daily Value\*

**Total Fat** 3g 4%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 370mg 16%

**Total Carbohydrate** 13g 5%

Dietary Fiber 2g 7%

Total Sugars 3g

Includes 1g Added Sugars 2%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 157mg 10%

Iron 3mg 15%

Potassium 213mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHOCOLATE FUDGE

**INGREDIENTS :** Protein blend (soy protein isolate, whey protein concentrate, white egg, calcium caseinate), Unsweetened cocoa powder processed with alkali, Enriched flour, Skim milk powder, Chocolate chips (maltitol, unsweetened chocolate processed with alkali, cocoa butter, soy lecithin, natural vanilla extract), Glucose, Sunflower oil, Natural and artificial flavors, Caramel color, Baking powder, Buttermilk, Fructose, Salt, Soy fiber, Guar gum, Sucralose, Disodium phosphate, Silicon dioxide, FD&C Red n°40, FD&C Blue n°1, FD&C Yellow n°5.

**Contains:** Milk, wheat, eggs, soybeans and sulphites.

This product is manufactured in a facility that also uses peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 120-4033



Suggested Serving

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (41g)

Amount per serving

**Calories** 130

% Daily Value\*

**Total Fat** 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 890mg 39%

**Total Carbohydrate** 17g 6%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 90mg 6%

Iron 3mg 15%

Potassium 489mg 10%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## SPAGHETTINI BOLOGNESE

**INGREDIENTS :** Protein blend (textured soy protein, soy protein isolate), Instant noodles (durum flour, whole egg powder, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Tomato powder, Natural flavor, Onion powder, Guar gum, Canola oil, Salt, Spices, Garlic powder, Caramel color, Soy fiber.

**Contains:** Soybeans, eggs and wheat.

This product is manufactured in a facility that also uses milk, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 180-0432



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (25g)

Amount per serving  
**Calories** 90

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 990mg	<b>43%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 16mg	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium 61mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BEEF VEGETABLES

**INGREDIENTS :** Protein blend (sodium caseinate, hydrolyzed collagen), Instant noodles (durum flour, whole egg powder, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Salt, Dehydrated carrots, Natural flavor, Onion powder, Fructose, Yeast Extract, Spices, Canola oil, Leek extract, Dehydrated celery, Caramel color.

**Contains:** Milk, wheat and eggs.

This product is manufactured in a facility that also uses soybeans, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU: 110-4919**



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (25g)

Amount per serving  
**Calories** 90

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 930mg	<b>40%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 14mg	<b>2%</b>
Iron 0mg	<b>0%</b>
Potassium 62mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHICKEN NOODLE

**INGREDIENTS :** Protein blend (sodium caseinate, hydrolyzed collagen, hydrolyzed soy and corn proteins), Instant noodles (durum flour, whole egg powder, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Salt, Yeast extract, Natural flavor, Onion powder, Fructose, Canola oil, Spices, Dehydrated celery.

**Contains:** Milk, soybeans, wheat and eggs.

This product is manufactured in a facility that also uses peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU: 110-0316**



Suggested Serving



# SOUPS

## Nutrition Facts

7 servings per container

**Serving size** 1 pouch (22g)

Amount per serving

**Calories** 70

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 870mg 38%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 156mg 10%

Iron 1mg 6%

Potassium 223mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## CHICKEN

**INGREDIENTS :** Protein blend (milk protein concentrate, soy protein isolate, hydrolyzed collagen, hydrolyzed corn and soy proteins, milk protein isolate), Salt, Onion powder, Yeast extract, Potassium bicarbonate, Guar gum, Natural flavor, Xanthan gum, Fructose, Spices.

**Contains:** Milk and soybeans.

This product is manufactured in a facility that also uses wheat, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 110-0102



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 pouch (33g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 82mg	<b>6%</b>
Iron 0mg	<b>0%</b>
Potassium 113mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## WHITE CHEDDAR CRISPS

**INGREDIENTS :** Pea protein isolate, Dehydrated potato, Seasoning [cheese blend (whey, cheddar cheese, reduced lactose whey, maltodextrin, canola oil, salt, disodium phosphate, blue cheese, nonfat dry milk, citric acid, silicon dioxide), whey powder, salt, natural cheese flavor (soy), autolyzed yeast extract, dehydrated onion, dehydrated garlic, yeast extract, natural flavor, lactic acid, xanthan gum, silicon dioxide], Potato starch, Sunflower oil, Salt, Calcium carbonate.

**Contains:** Milk and soybeans.

This product is manufactured in a facility that also uses eggs, peanuts and tree nuts.

Shelf life: 24 Months

Packaging: In laminated film and carton box.

**SKU:** 160-7152



**Gluten Free**



Suggested Serving

## Nutrition Facts

7 servings per container  
Serving size 1 pouch (33g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 60mg	<b>4%</b>
Iron 0mg	<b>0%</b>
Potassium 98mg	<b>2%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## BBQ CRISPS

**INGREDIENTS :** Pea protein isolate, Dehydrated potato, Seasoning [maltodextrin, sugar, garlic powder, salt, tomato powder, onion powder, irradiated spices, yeast extract, smoke flavor, silicon dioxide (manufacturing aid)], Sunflower oil, Potato starch, Salt, Calcium carbonate.

This product is manufactured in a facility that also uses milk, soybeans, eggs, peanuts and tree nuts.

Shelf life: 24 Months

Packaging: In laminated film and carton box.

**SKU:** 160-7103



**Gluten Free**



Suggested Serving

## Nutrition Facts

7 servings per container  
**Serving size** 1 pouch (30g)

Amount per serving  
**Calories** 130

	% Daily Value*
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 84mg	<b>6%</b>
Iron 2mg	<b>10%</b>
Potassium 243mg	<b>6%</b>

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## SNACK MIX

**BBQ flavored chips:** Pea protein isolate, Dehydrated potato, Potato starch, Seasoning [maltodextrin (corn), sugar, garlic powder, salt, tomato powder, onion powder, irradiated spices, yeast extract, smoke flavour, silicon dioxide], Sunflower oil, Calcium carbonate, Salt. **Salted soybeans:** Dry roasted soybeans, salt, sunflower oil. **Cheddar flavored chips:** Pea protein isolate, Dehydrated potato, Seasoning [cheese blend (whey, cheddar cheese, reduced lactose whey, maltodextrin, canola oil, salt, disodium phosphate, blue cheese, nonfat dry milk, citric acid, silicon dioxide), whey powder, salt, natural cheese flavour, autolyzed yeast extract, dehydrated onion, dehydrated garlic, yeast extract, natural flavour, lactic acid, xanthan gum, silicon dioxide], Potato starch, Sunflower oil, Salt, Calcium carbonate. **Chocolate flavored soy cereal:** Soy protein isolate, Soy flour, Soy protein concentrate, White rice flour, Sunflower oil, Dextrose, Cocoa powder processed with alkali, Salt, Sucralose, Maltodextrin, Acacia gum, Natural flavour, Silicon dioxide.

**Contains :** Milk and soybean.

**This product is manufactured in a facility that also uses wheat, eggs, peanuts, sesame, tree nuts, fish.**

Shelf life: 36 Months

Packaging: In laminated film and carton box.



Suggested Serving

**SKU:** 160-9628

# SOY NUTS

Nutrition Facts	
7 servings per container	
<b>Serving size</b>	<b>1 pouch (37g)</b>
Amount per serving	
<b>Calories</b>	<b>180</b>
% Daily Value*	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 5g	<b>18%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 2mg	10%
Potassium 518mg	10%
<small>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice</small>	

## SOY NUTS

**INGREDIENTS :** Soybeans, Salt, Sunflower oil.

**Contains:** Soybeans.

This product is manufactured in a facility that also uses wheat, milk, eggs, peanuts and tree nuts.

Shelf life: 30 Months

Packaging: In laminated film and carton box.

**SKU:** 160-4941



Suggested Serving

# SUMMER SEASONAL PRODUCTS

## Nutrition Facts

29 servings per container

**Serving size** 1 ½ scoop  
(20g/0.7oz)

Amount per serving

**Calories** 70

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 40mg 9%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 1mg 0%

Iron 0mg 0%

Potassium 1mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PINK LEMONADE

**INGREDIENTS** : Hydrolyzed Collagen, Fructose, Natural Flavors, Citric Acid, Organic Stevia Leaf Extract, Beet Red.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts, sesame, tree nuts and fish.

Contains 16g of collagen per serving.

Shelf life: 12 Months

Packaging: In a sealed plastic jar.

**SKU:** 120-6118



Suggested Serving

## Nutrition Facts

**Serving size** 1 pouch (30ml)

Amount per serving

**Calories** 70

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 45mg 2%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 2g Added Sugars 4%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 10mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

## LEMON FLAVORED CONCENTRATE DRINK

**INGREDIENTS** : Hydrolyzed Collagen, Water, Fructose, Citric Acid, Malic Acid, Natural Flavors, Sodium Citrate, Potassium Sorbate, Sodium Benzoate, Sucralose, Silicon Emulsion, Ascorbic Acid.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts, sesame, tree nuts and fish.

Shelf life: 20 Months

Packaging: In laminated film and carton box.

**SKU:** 110-4227



Suggested Serving



# SPRING SEASONAL PRODUCTS

Nutrition Facts	
<b>Serving size</b>	<b>1 pouch (32g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>110</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 500mg	<b>22%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 81mg	6%
Iron 1mg	6%
Potassium 123mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## LEMON RASPBERRY PANCAKE MIX

**INGREDIENTS :** Protein Blend (whey protein Isolate, egg whites, whole egg powder), Enriched Flour (wheat flour, benzoyl peroxide, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid), Natural Flavors, Baking Powder, Freeze Dried Raspberry Granules, Ammonium Bicarbonate, Salt, Fructose, Guar Gum, Freeze-Dried Lemon, Citric Acid, Sucralose.

**Contains:** Wheat, milk and eggs.

This product is manufactured in a facility that also uses soybeans, peanuts, sesame, tree nuts, fish.

Shelf life: 12 Months

Packaging: In laminated film and carton box.

**SKU:** 1201516



Suggested Serving

Nutrition Facts	
<b>Serving size</b>	<b>pouch (27g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 277mg	20%
Iron 0mg	0%
Potassium 144mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	

## BERRIES AND CREAM SHAKE MIX

**INGREDIENTS :** Protein Blend (milk protein concentrate, milk protein isolate), Sunflower Oil, Polydextrose, Natural and Artificial Flavors, Chicory Root Fibers, Fructose, Cellulose Gum, Xanthan Gum, Carrageenan, Buttermilk, Salt, Freeze Dried Raspberries Granules, Blueberries Juice Powder (blueberries juice powder, maltodextrin), Dipotassium Phosphate, Silicon Dioxide, Sucralose, Disodium Phosphate, Beet Powder Color, Citric Acid.

**Contains:** Milk.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts, sesame, tree nuts and fish.

Shelf life: 12 months

Packaging: In laminated film and carton box.

**SKU:** 1201520



Suggested Serving

# AUTUMN SEASONAL PRODUCTS

## Nutrition Facts

1 pouch servings per container

**Serving size** 1 pouch (34g)

**Amount per serving**

**Calories** 140

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 70mg 23%

**Sodium** 430mg 19%

**Total Carbohydrate** 10g 4%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 140mg 10%

Iron 1mg 6%

Potassium 167mg 4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## CARROT AND NUTS CAKE

**INGREDIENTS :** Protein Blend (soy protein isolate, milk protein isolate, whole egg powder, whey protein concentrate), Enriched Flour, Organic Carrot Flakes, Walnuts, Almond Flour, Sunflower Oil, Natural Flavors, Spices, Baking Powder, Glucose Solids, Carrots Powder, Buttermilk, Chicory Root Fiber, Salt, Guar Gum, Sucralose, Disodium Phosphate, Silicon Dioxide.

**Contains:** Wheat, soybeans, milk, eggs, almonds and walnuts.

This product is manufactured in a facility that also uses soybeans, peanuts, sesame, tree nuts, fish.

Shelf life: 12 Months

Packaging: In laminated film and carton box.

**SKU:** 1200297



Suggested Serving

## Nutrition Facts

1 pouch servings per container

**Serving size** 1 pouch (34g)

**Amount per serving**

**Calories** 140

% Daily Value\*

**Total Fat** 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol** 70mg 23%

**Sodium** 410mg 18%

**Total Carbohydrate** 10g 4%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 0g Added Sugars 0%

**Protein** 15g

Vitamin D 0mcg 0%

Calcium 114mg 8%

Iron 1mg 6%

Potassium 124mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## BANANA AND NUTS CAKE

**INGREDIENTS :** Protein Blend (soy protein isolate, whole egg powder, whey protein concentrate, milk protein isolate), Enriched Flour, Almond Flour, Walnuts, Sunflower Oil, Natural Flavors, Dried Banana Powder, Banana Flakes, Baking Powder, Glucose Solids, Buttermilk, Chicory Root Fiber, Salt, Guar Gum, Disodium Phosphate, Sucralose, Silicon Dioxide.

**Contains:** Wheat, soybeans, milk, eggs, almonds, and walnuts.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts, sesame, tree nuts and fish.

Shelf life: 12 months

Packaging: In laminated film and carton box.

**SKU:** 1200300



Suggested Serving

# COLLAGEN SUPPLEMENT

## Supplement Facts

Serving Size 1 Rounded Scoop (17g/0.6 oz)  
Serving Per Bag 29

	Amount per serving	% Daily Value
Calories	60	
Total Fat	0 g	0 %*
Saturated Fat	0 g	0 %*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	0 g	0 %*
Dietary Fiber	0 g	0%
Total Sugars	0 g	**
Includes 0g Added Sugars		0 %*
Protein	15 g	
Vitamin D	0 mcg	0%
Calcium	0 mg	0%
Iron	0 mg	0%
Sodium	95 mg	3 %
Potassium	0 mg	0%
Biotin	469 mcg	1560 %
Vitamin C	308 mg	340 %
Hydrolyzed collagen (from bovine hide)	16 g	**
Hyaluronic Acid (from sodium hyaluronate)	270 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet  
\*\*Daily Value not established

## PEPTIDES POWDER

**INGREDIENTS** : Hydrolyzed Collagen, Ascorbic Acid, Hyaluronic Acid (sodium salt), Biotin.

This product is manufactured in a facility that also uses wheat, milk, soybeans, eggs, peanuts and tree nuts.

Shelf life: 24 Months

In a resealable laminated bag in carton box.

**SKU:** 120-2300

**16g of Collagen**



Supports Bones & Joints\*



Healthy Hair & Skin\*



Keto Friendly



Suggested Serving

## Nutrition Facts

29 servings per container  
**Serving size 1 1/2 scoop (17g)**

Amount per serving	
<b>Calories</b>	<b>60</b>
	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 379mg	8%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet.

## BONE BROTH

**INGREDIENTS** : Chicken Bone Broth Powder, Sea Salt, Onion Powder, Spices, Yeast Extract, Natural Flavor.

This product is manufactured in a facility that also uses eggs, peanuts, tree nuts, soy and milk.

Shelf life: 18 Months

Packaging: In laminated film and carton box.

**SKU:** 120-2306

**15g of Protein per serving**



Non GMO



Gluten Free



Simply Mix & Stir



Suggested Serving